

PMP Perceptual Motor Programme.

The PMP programme aims to develop children's motor skills that are the foundation skills for many activities in the classroom. Many children arrive at school with some of these skills not practiced due mainly to their sedentary lifestyle. The PMP programme aims to practice these skills in a fun, holistic and organized way.

A good Perceptual Motor Programme has children working through a sequence of experiences to develop perception and motor outcomes along with memory training. Confidence grows, problems are solved, and language skills develop and the fundamental sports skills are learned which will enable the children to move competently into major games and sports activities. Children become self-assured people, willing to take risks in their learning, knowing their place in the world and aware of the contributions they make in the world.

The Matikao Team will begin their PMP programme at the beginning of Term 2.

This will be for all Year 0/1 and 2 children.

For this to be able to run smoothly we do need parent help. 5 parents for each session.

Unfortunately we are unable to have preschools in the rooms at this time.

We will run sessions twice a week Tuesdays and Wednesdays. From 9am to 10.30am.

If you are able to help with these sessions please can you add your name to the roster outside St Mary.

If you have any questions or need more information please feel free to come and see me, or e mail me at sue@stellamaris.school.nz

Look forward to working with you.

Kind Regards

Sue Brading

Associate Principal. SENCo